



07397 754834  
First Floor, 7 Burghley Road  
Peterborough  
Cambridgeshire  
PE1 2QA

## SKIN BOOSTER AFTERCARE

The following aftercare advice is essential to help reduce the risk of treatment complications, to improve your comfort/healing and to help achieve the best possible results from treatment. Please follow the aftercare advice for Skin Boosters.

- After treatment the skin may be red, swollen and sometimes bruised at the injection sites. These after-effects will resolve naturally, usually within a few days however it may take up to 2 weeks for more extensive bruising to resolve.
- Avoid touching or rubbing the treated after for at least 24 hours after treatment
- Avoid any perfumes, fake tan or other harsh chemicals for 24 hours after treatment.
- Avoid any makeup for 24 hours after treatment as this can increase the risk of infection.
- Moisturising your skin is essential after a skin booster treatment. It helps to keep your skin hydrated and promotes healing. Apply a high-quality, fragrance-free moisturiser to your face at least twice a day
- Avoid strenuous exercise, saunas, sunbeds and exposure to heat for 24 hours after treatments.
- Avoid any excess alcohol or caffeine for 24 hours after treatment.
- Avoid medications such as Aspirin or Ibuprofen for 24 hours as they are blood thinning agents and may worsen bruising (if these medications have been advised by your GP you must check with your GP before stopping them).
- Drink plenty of water after your treatment to stay well hydrated.
- You must seek medical attention and contact me if you experience any signs or symptoms of infection after treatment. Infection can present as hot, red shiny skin, there may be pus formation and you may have a fever or feel generally unwell.
- You must contact me on 07397 754834 as soon as possible if you notice any other unwanted side effects.

I hope you have found your treatment beneficial and would really appreciate it if you would follow me on [Instagram](#) or [Facebook](#) and review your experience on [Google](#). Thank you.